## **Dear Parents/Guardians:**



Spring has sprung and we are finally experiencing warmer weather. We encourage the following practices to allow your child(ren) to feel as comfortable as possible at school:

- Students are reminded to wear light, layered summer clothing, hat and sunglasses;
- Apply sunscreen on your child in the morning so they are protected from the sun's UV rays during recess times (SPF 30 minimum);
- Wear a sun hat during outside play;
- Drink plenty of water. Bring an extra re-fillable water bottle to school;
- Our hot weather plan on days when there is extreme heat alerts is to keeping physical activity down during hot periods of the day;
- Modified outdoor recesses and outdoor education classes
- For your information, extreme heat alerts will be indicated on the Yellow Alert banner on our school web page.

For additional information regarding hot weather in Peel, go to the following link: <a href="http://www.peelregion.ca/health/heat">http://www.peelregion.ca/health/heat</a>

If you have any questions, please do not hesitate to contact the main office for more information.